



## **Rocky Mountain Rugby COVID-19 Return To Play Safety Plan Checklist**

<input type="checkbox"/>	Develop a COVID-19 Return To Play Safety Plan
<input type="checkbox"/>	The Plan names a Club Compliance Officer
<input type="checkbox"/>	The Plan identifies a dedicated isolation area for management of an individual who becomes unwell at the facility.
<input type="checkbox"/>	The Plan requires mask-wearing at all times and physical distancing for all non-playing participants
<input type="checkbox"/>	The Plan describes how the club is cohorting at each Return To Play Stage
<input type="checkbox"/>	The Plan includes a COVID-19 Case Management Plan
<input type="checkbox"/>	The Plan requires the use of a pre-screening participation form in order to attend any club event.

The Participation form must collect the following information for *EACH EVENT*:

<input type="checkbox"/>	Date of the event
<input type="checkbox"/>	Location of the event (address or coordinates)
<input type="checkbox"/>	Names of participants (coaches, players, support staff)
<input type="checkbox"/>	Phone number of each participants
<input type="checkbox"/>	Email address of each participant
<input type="checkbox"/>	Temperature (Actual temperature or asking a question such as, “Does the participant have a temperature at 99.6 Degrees F or below?”)
<input type="checkbox"/>	Requesting if the participant is currently experiencing symptoms of COVID-19 (Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea)
<input type="checkbox"/>	If the person has been in close physical contact within the last 14 days with anyone who is known to have COVID-19 or anyone who has symptoms consistent with COVID-19
<input type="checkbox"/>	If the person is currently waiting on results for a PCR COVID-19 test.



The COVID-19 Case Management Plan must include:

<input type="checkbox"/>	A Requirement that a member that tests positive for COVID-19 immediately isolate for 10 days from the date of the positive test.
<input type="checkbox"/>	A Requirement for the Club Coordinator or other delegated individual to inform and isolate close contacts of the infected individual based on training, pod, and/or match records
<input type="checkbox"/>	A Requirement to suspend further team or club activities for no less than 10 days.
<input type="checkbox"/>	A Requirement for the Club Coordinator or other delegated individual to inform all participating individuals of the confirmed case and follow CDC (or your individual state) guidelines for possible symptom recognition
<input type="checkbox"/>	A Requirement for the Club Coordinator to coordinate and cooperate with their Local Public Health Agency when contact-tracing efforts are being made upon a positive COVID test from a Club member.
<input type="checkbox"/>	A Requirement for the Club Coordinator to inform their <a href="#">Executive Director or League Commissioner</a> upon a positive case within the Club if that participant was at a club event 14 days prior to the positive test result.
<input type="checkbox"/>	A Requirement for Club members that are experiencing symptoms of COVID-19 infection: to isolate (stay away from others) until they have no fever for at least 24 hours (without using medicine that reduces fevers), AND other symptoms have improved (for example, when your cough or shortness of breath have improved), AND at least 10 days have passed since their symptoms first appeared.
<input type="checkbox"/>	A Requirement for Club members that have had close contact with a person who either has a positive COVID test or experiences symptoms - even early symptoms - of COVID quarantine and not attend practice for at least 10 days. Early symptoms could include a combination of cough, body aches, fatigue, and chest tightness. Some people may not develop a fever until several days into the illness.
<input type="checkbox"/>	A Requirement for Club members who are vaccinated that have had close contact with a person who either has a positive COVID test or experiences symptoms BUT it is less than two weeks since the completed vaccine series, to quarantine and not attend practice for at least 10 days.
<input type="checkbox"/>	At minimum: all coaching staff, president or vice-president, and at least two player leaders complete the <a href="#">World Rugby COVID-19 Return To Play Awareness for Coaches &amp; Players Course</a> and attach each certificate to this signed document



<input type="checkbox"/>	At minimum: Club Compliance officer complete the <a href="#">World Rugby COVID-19 Return To Play Awareness for Administrators Course</a> and attach each certificate to this signed document.
<input type="checkbox"/>	Checking this box is an indication that the person who signs this document below reviewed the *NEW* <a href="#">USAR R2P Guidelines</a> (updated as of March 9, 2021).
<input type="checkbox"/>	Checking this box is an indication that the person who signs this document below is responsible for coordinating and cooperating with their Local Public Health Agency when contact-tracing efforts are being made upon a positive COVID test from a Club member.

I certify that, with the completed checked items above, my club \_\_\_\_\_ is compliant with USAR R2P Guidance Document and the RMR R2P addendum. My Club will adhere to the above guidelines, our Club COVID-19 Return To Play Safety Plan, and my local public health agency's requirements.

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Signature

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Date

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Printed Name & Position Within the Club