RETURN TO PLAY STAGE GUIDELINES

	REGIONAL HEALTH MANDATE	TRAINING	TEAM ACTIVITIES	COMPETITION	INSURANCE
STAGE ONE	**STAY AT HOME**	• At home individual training • Participant should be symptom free before engaging in training activities • Use of personal equipment • Rigorously clean and disinfect home training area.	• All communication and interaction done via virtual method	• No inter-squad competition or intra-squad scrimmage.	• Accident and Liability Insurance claims not accepted
STAGE TWO	**STAY AT HOME LIFTED** **SOCIAL DISTANCING**	• Individual training at home or state approved outdoor locations • Use of personal equipment • Adhering to social distancing rules if not at home • Coaching occurs virtually • Rigorously clean and disinfect training area	• All communication and interaction done via virtual method	• No inter-squad competition or intra-squad scrimmage.	• Accident and Liability Insurance claims not accepted
STAGE THREE	**SMALL GATHERINGS** **NON-CONTACT**	• Group size under local government approved amount • Non-contact drills and activities • No participation of players or coaches experiencing symptoms within previous 14-days • Temperature check all participants on arrival must register lower than 99.6 F • Coaches and Admin wear masks.	• All communication and interaction done via virtual method or at distance of 6ft • All on site, continue to adhere to social distancing wearing masks.	• No inter-squad competition • Non-contact intra-squad scrimmage permitted.	• Accident and Liability Insurance claims accepted
STAGE FOUR	**MID-LARGE GATHERINGS** **OPEN PUBLIC FACILITIES** **LIMITED CONTACT**	• Group size under local government and facility approved amount • Limited contact drills • No participation of players or coaches experiencing symptoms within previous 14-days. • Temperature check all participants on arrival, must register lower than 99.6 F • Rigorous cleaning of communal equipment • Coaches and Admin wear masks.	• Team meetings and gatherings under local government approved amount. • All on site, continue to adhere to social distancing wearing masks.	• Limited contact inter-squad friendlies or competition permitted. • Limited contact intra-squad scrimmage permitted • No scrum, ruck, mauls or lifting lineouts. • Touch rugby suggested.	• Accident and Liability Insurance claims accepted.
STAGE FIVE	**NORMAL SOCIAL ACTIVITES** **FULL TRAINING & COMPETITION**	• Traditional training and contact protocol • Continue rigorous cleaning of communal equipment	• Traditional team gathering protocol • Continue rigorous cleaning of communal equipment	• Full sanctioned competition permitted with permission from local rugby organization. • Fan and crowd attendance permitted with permission from local health officials. • Continue rigorous cleaning of communal equipment	• Accident and Liability Insurance claims accepted.